



#MoodCadiaPattern

## "The Cadia Shirt"

Ladies Sizes 00 to 32

Formatted for both  
US Letter & A4 Paper

**Trimless Option:** This is the fastest! No trimming needed! Place left-side margins over right-side margins, overlapping dashed lines and dots. In the same fashion, top margins will overlap bottom margins. Slight unprinted gaps are normal for this method.

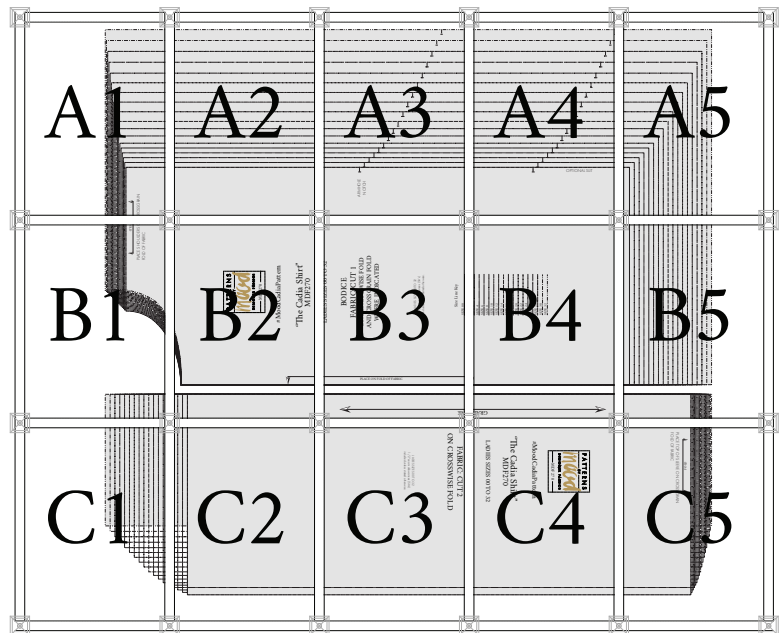
**Trimmed Option:** This removes any unprinted gaps. Trim along the top and right margins at the dashed lines. Overlap the trimmed margins to the untrimmed margins, matching dashed lines and dots.

**Tip!** Build rows first, then join the rows together as you go.

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**STOP!**

Print only this page first to check accuracy.  
The Mood square to the left should measure 2 inches.  
Print "actual size" in "portrait" mode (not auto center).  
Formatted for both US Letter & A4 paper sizes.



If desired, you can alternatively draft this pattern yourself instead of printing the pages. Please refer to included diagram.

### FOR SEWING INSTRUCTIONS:

Scan the QR code or visit  
MoodSewciety.com and search  
"MDF270"



1/2" seam allowances (SA's) included  
unless stated otherwise.



# "The Cadia Shirt"

Ladies Sizes 00 to 32

#MoodCadiaPattern

## BODY MEASUREMENTS - IN INCHES

| DUO-SIZES    | 00 / 0 |    | 2 / 4 |    | 6 / 8 |    | 10 / 12 |    | 14 / 16 |      | 18 / 20 |      | 22 / 24 |      | 26 / 28 |      | 30 / 32 |      |
|--------------|--------|----|-------|----|-------|----|---------|----|---------|------|---------|------|---------|------|---------|------|---------|------|
| SINGLE SIZES | 00     | 0  | 2     | 4  | 6     | 8  | 10      | 12 | 14      | 16   | 18      | 20   | 22      | 24   | 26      | 28   | 30      | 32   |
| BUST         | 31     | 32 | 33    | 34 | 35    | 36 | 37.5    | 39 | 40.5    | 42.5 | 44.5    | 46.5 | 48.5    | 50.5 | 52.75   | 55   | 57.25   | 59.5 |
| WAIST        | 23     | 24 | 25    | 26 | 27    | 28 | 29.5    | 31 | 32.5    | 34.5 | 36.5    | 38.5 | 40.5    | 42.5 | 44.75   | 47   | 49.25   | 51.5 |
| HIPS         | 34     | 35 | 36    | 37 | 38    | 39 | 40.5    | 42 | 43.5    | 45.5 | 47.5    | 49.5 | 51.5    | 53.5 | 56      | 58.5 | 61      | 63.5 |

## APPROXIMATE FINISHED GARMENT MEASUREMENTS - IN INCHES

| DUO-SIZES            | 00 / 0 |      | 2 / 4 |    | 6 / 8 |      | 10 / 12 |       | 14 / 16 |      | 18 / 20 |       | 22 / 24 |      | 26 / 28 |       | 30 / 32 |       |
|----------------------|--------|------|-------|----|-------|------|---------|-------|---------|------|---------|-------|---------|------|---------|-------|---------|-------|
| SINGLE SIZES         | 00     | 0    | 2     | 4  | 6     | 8    | 10      | 12    | 14      | 16   | 18      | 20    | 22      | 24   | 26      | 28    | 30      | 32    |
| MAIN BODY            | 43     | 44   | 45    | 46 | 47    | 48.5 | 49.5    | 51    | 52.5    | 54.5 | 56.5    | 58.5  | 60.5    | 62.5 | 64.75   | 67    | 69.25   | 71.5  |
| SLEEVE PANEL         | 9.375  | 9.25 | 9.13  | 9  | 8.88  | 8.75 | 8.563   | 8.375 | 8.188   | 8    | 7.813   | 7.625 | 7.438   | 7.25 | 6.969   | 6.844 | 6.719   | 6.594 |
| LENGTH FROM SHOULDER | 26.1   | 26.4 | 26.7  | 27 | 27.3  | 27.6 | 27.9    | 28.2  | 28.5    | 28.8 | 29.1    | 29.4  | 29.7    | 30   | 30.3    | 30.6  | 30.9    | 31.2  |

**Fitting notes:** This is a minimal-waist pattern design that you can draft yourself or print the multi-sizes pattern. This is a loose, boxy style with wide, dropped shoulders and a generous amount of wearing ease. The armholes are finished with a ruffle. The wider the shoulders are of the main body, the more narrow you may want the armhole ruffle to be. This style does not have a seam on top of the shoulder. The fabric is folded in half along the length, and again along the cross-grain for two folded edges. Choose size according to your desired finished garment measurements.

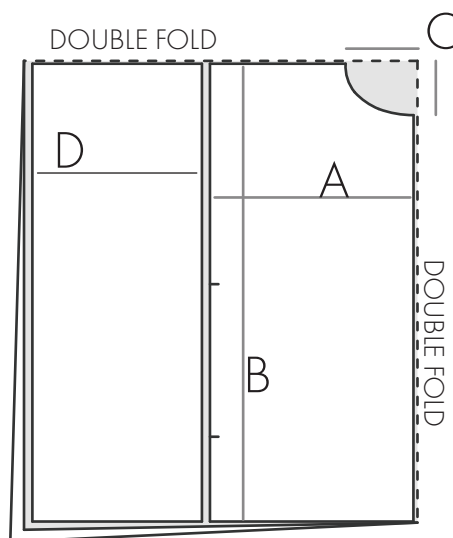
We love creating these free patterns for the community and we want to keep them free! In return, we hope you check out MoodFabrics.com for your next project!

Want to use one of our patterns to make a garment to sell? Our patterns are royalty-free! We just ask that you credit us with MoodSewciety.com or MoodFabrics.com in your product description.

♥ The Mood Sewciety Team

**mood** SEWCİETY

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Draft guide. Remember to add seam allowances.

A: Desired body circumference divided by 4.

B: Desired length of garment, doubled.

C: Desired width & depth of neckline dived by 2.

\* Make sure the opening is big enough to pull over.

D: Desired width of sleeve ruffle.

Armhole notch: about 13" to 17" from shoulder.

Slit notche: about 4"-5" from bottom.

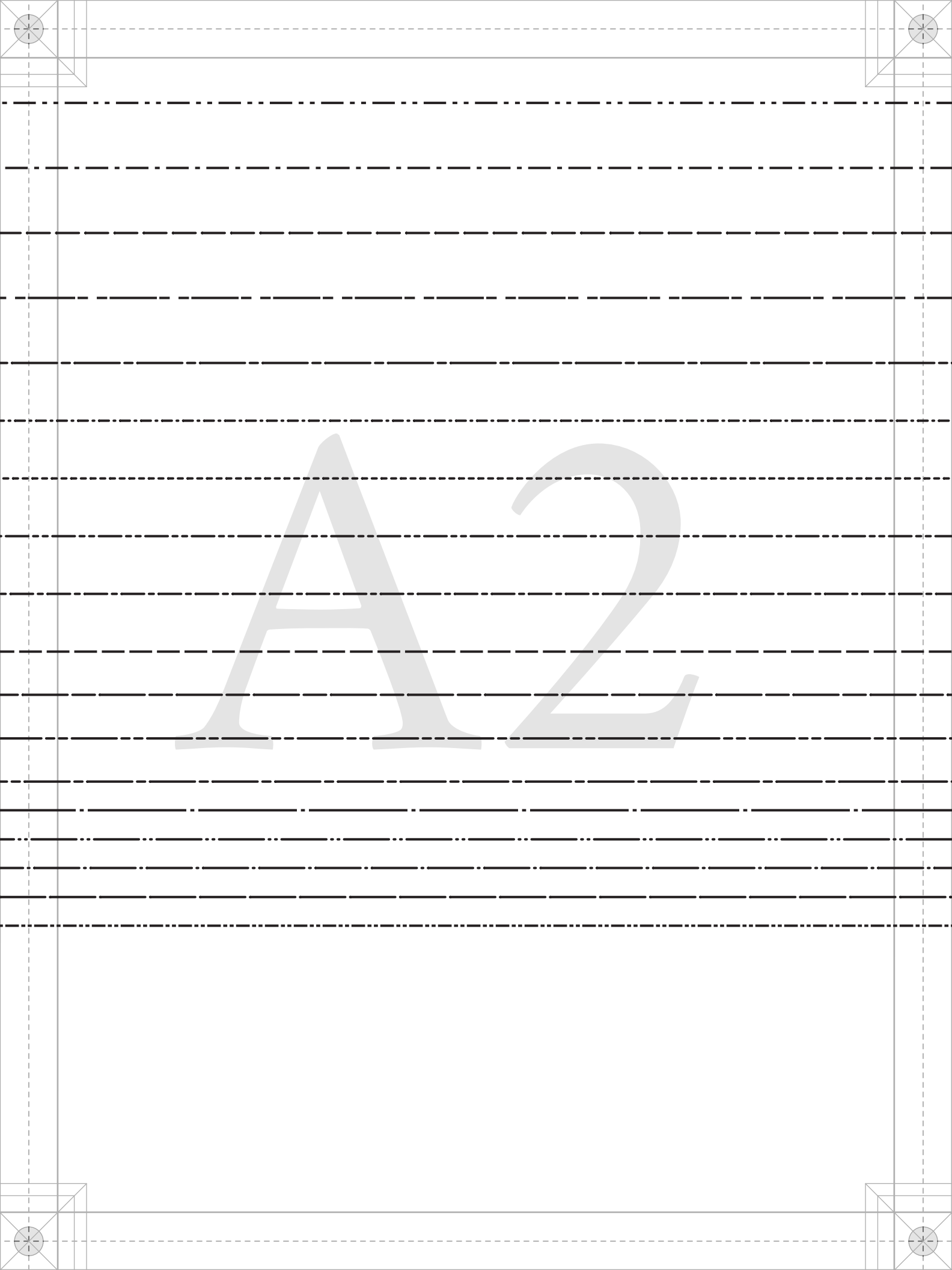
**mood** SEWCİETY

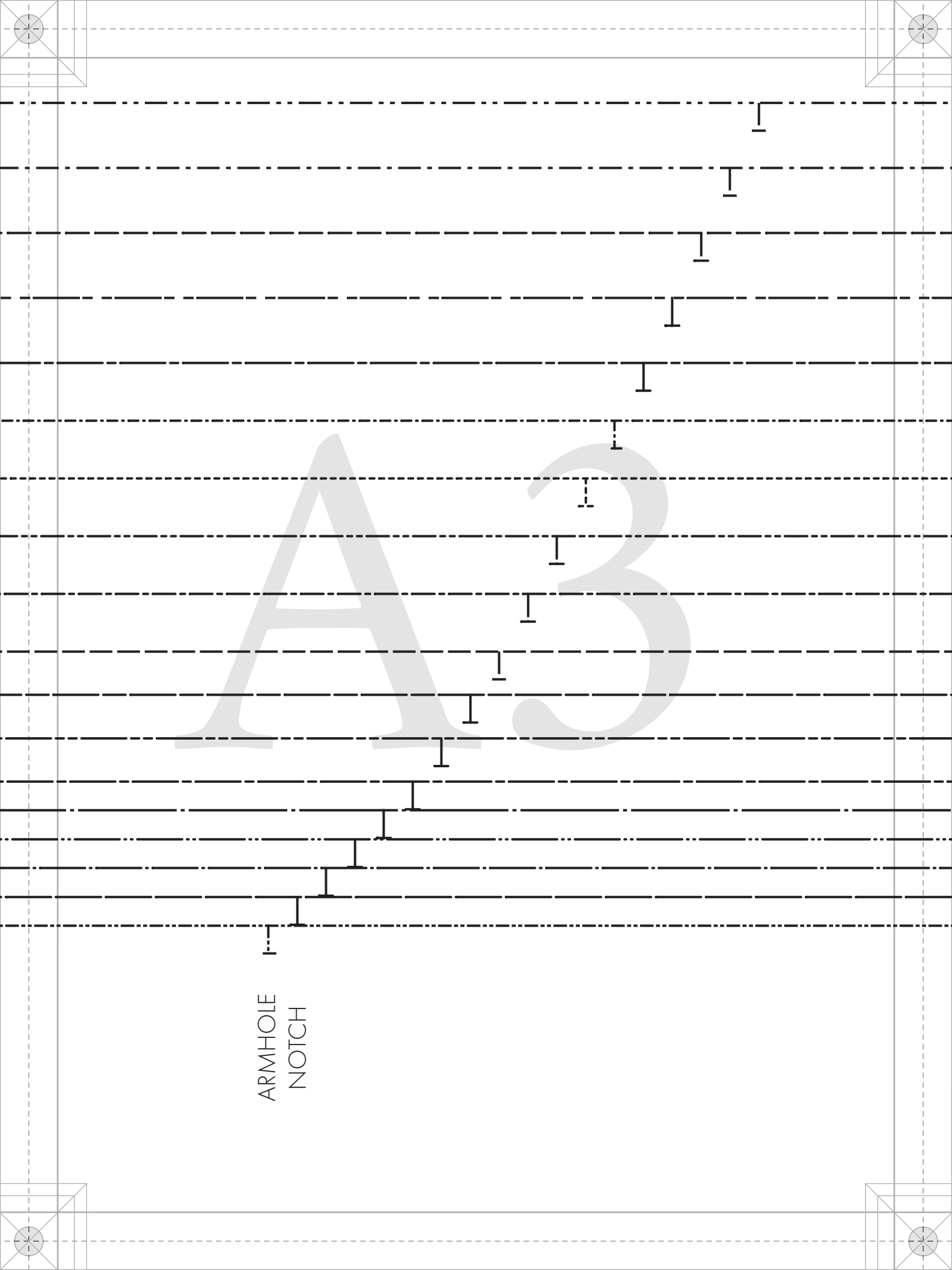
IN COLLABORATION WITH PaTternHack.COM

A

Handwriting practice lines consisting of multiple sets of horizontal dashed lines for tracing and solid lines for independent writing.

ON CROSSGRAIN



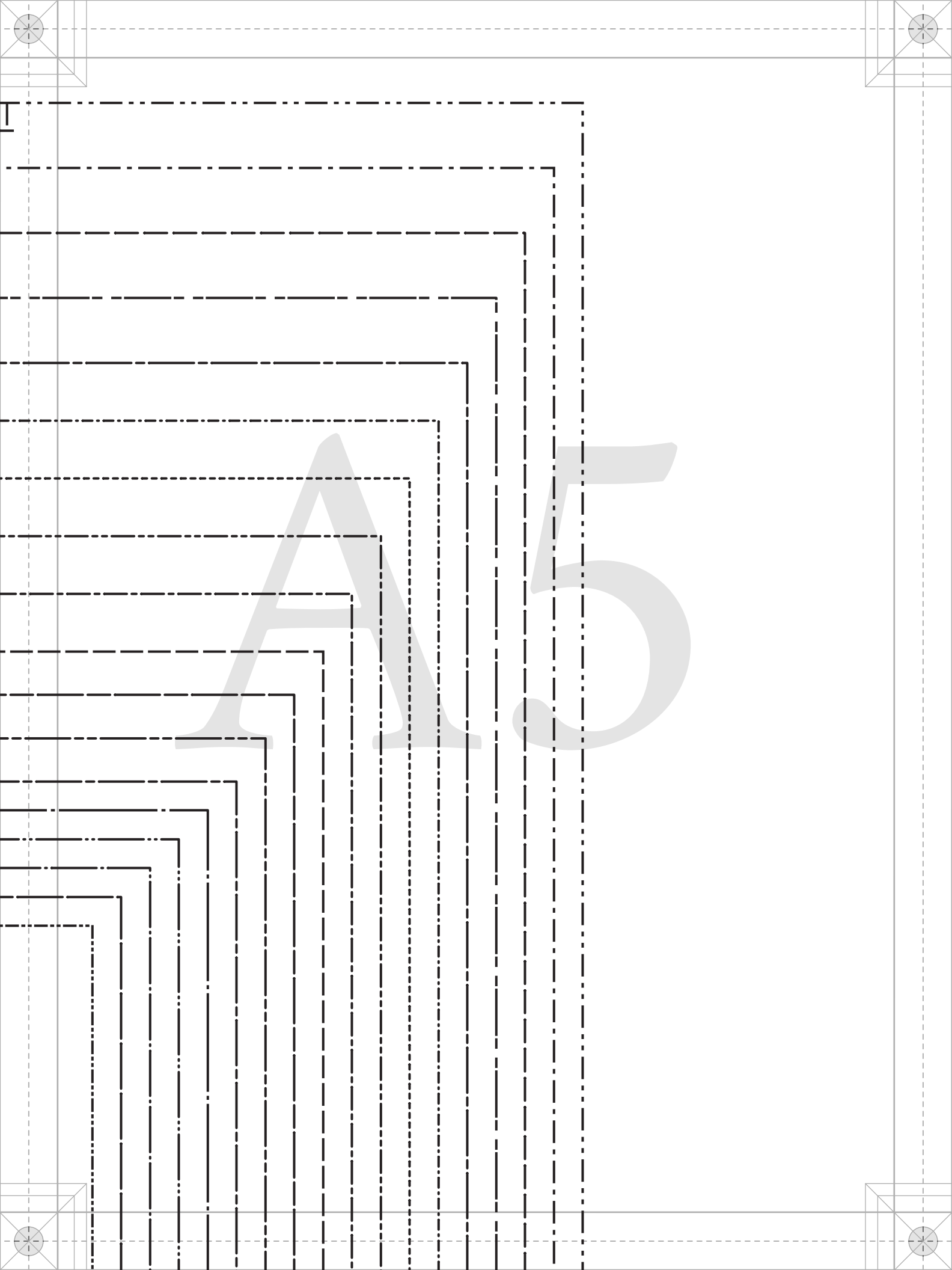


A3

ARMHOLE  
NOTCH

A4

OPTIONAL SLIT

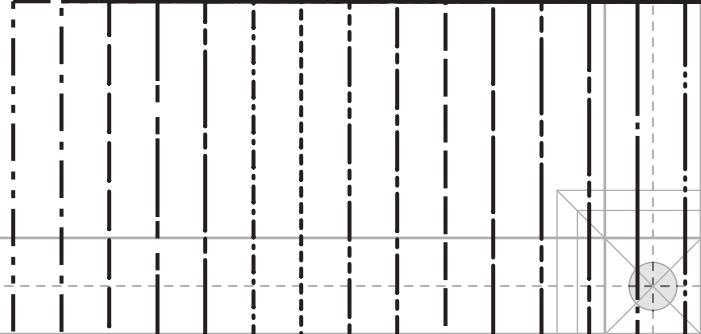


BI

FOLD



PLACE SHOULDERS ON C  
FOLD OF FABRIC







#MoodCadiaPattern

# “The Cadia Shirt” MDF270

LADIES SIZES 00 TO 32

BODICE  
FABRIC: CUT 1  
ON LENGTHWISE FOLD  
AND CROSSGRAIN FOLD  
WHERE INDICATED

LADIES SIZES 00 TO 32  
1/2" seam allowances (SA's)  
included unless stated otherwise.

PLACE ON FOLD OF FABRIC

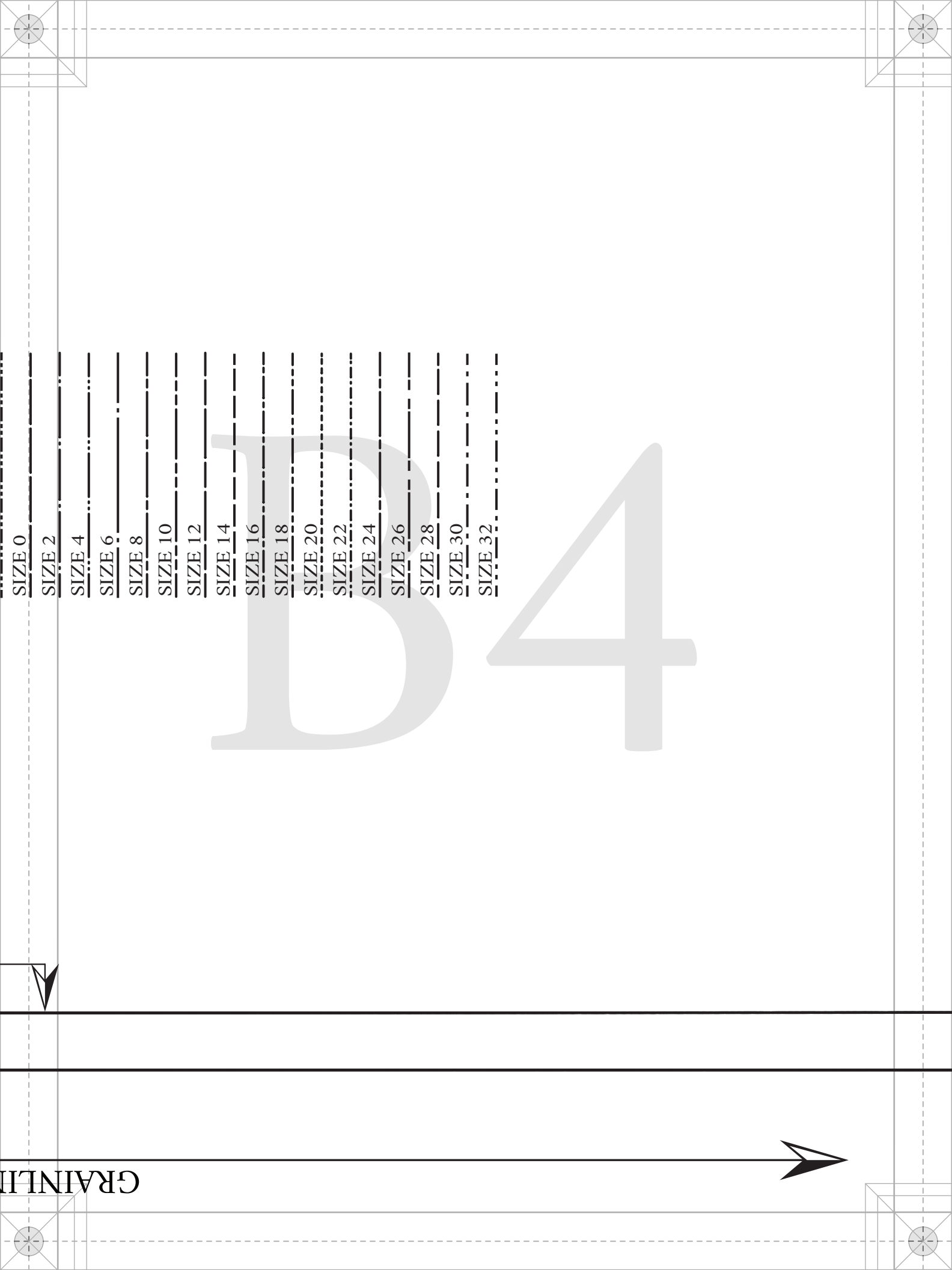
Size Line Key

SIZE 00  
SIZE 0  
SIZE 2

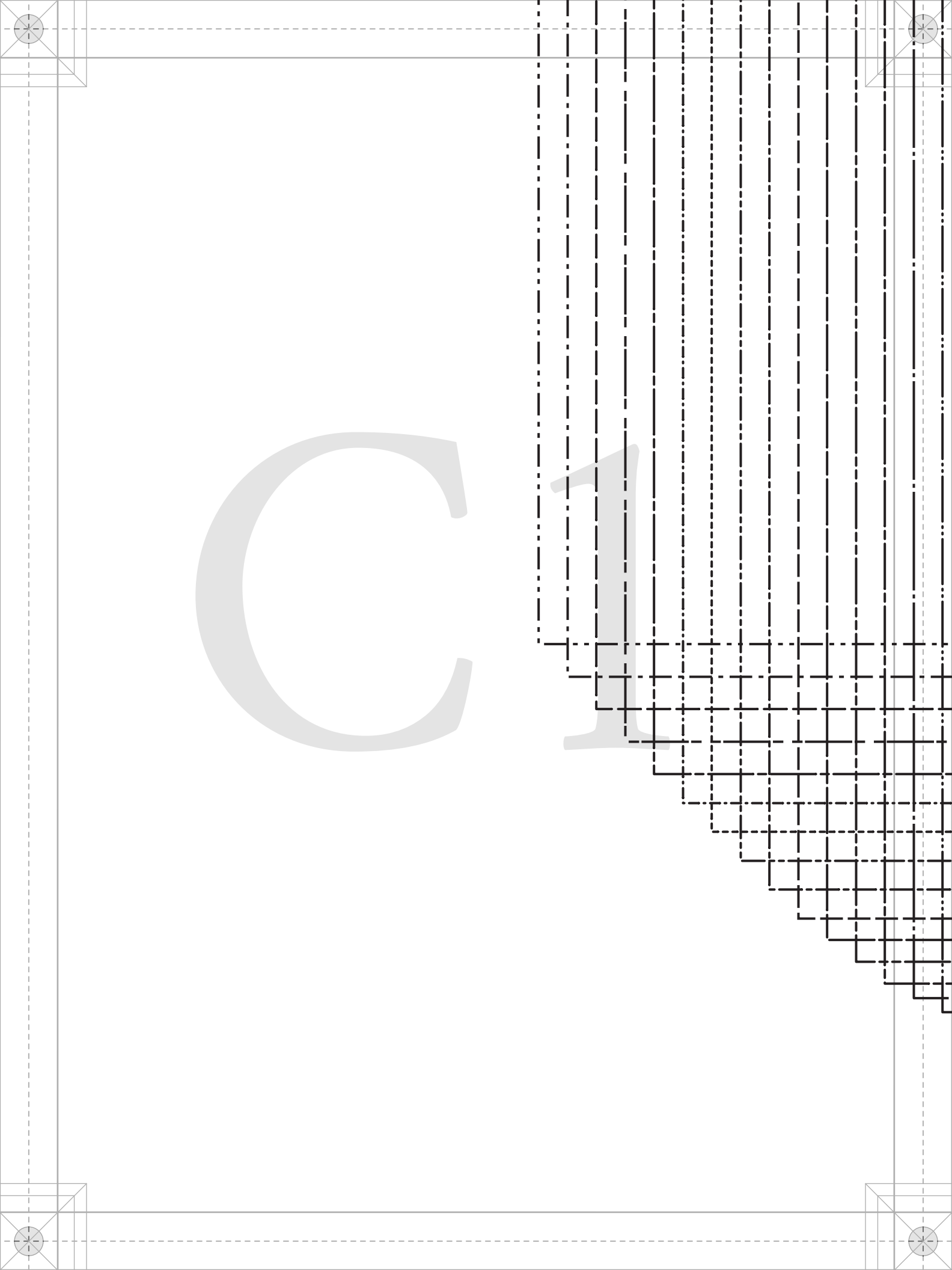


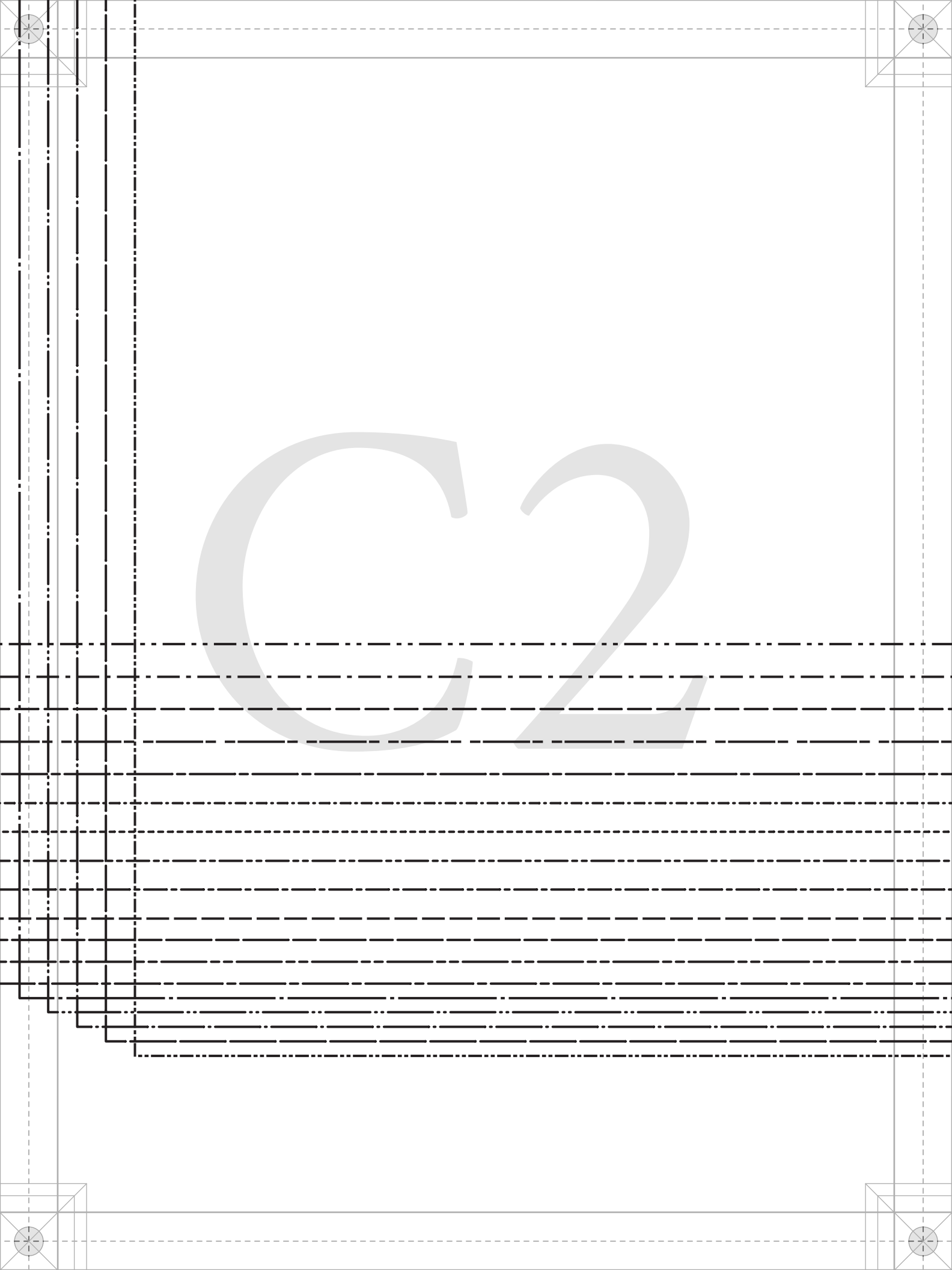
- SIZE 0
- SIZE 2
- SIZE 4
- SIZE 6
- SIZE 8
- SIZE 10
- SIZE 12
- SIZE 14
- SIZE 16
- SIZE 18
- SIZE 20
- SIZE 22
- SIZE 24
- SIZE 26
- SIZE 28
- SIZE 30
- SIZE 32

B4



B5

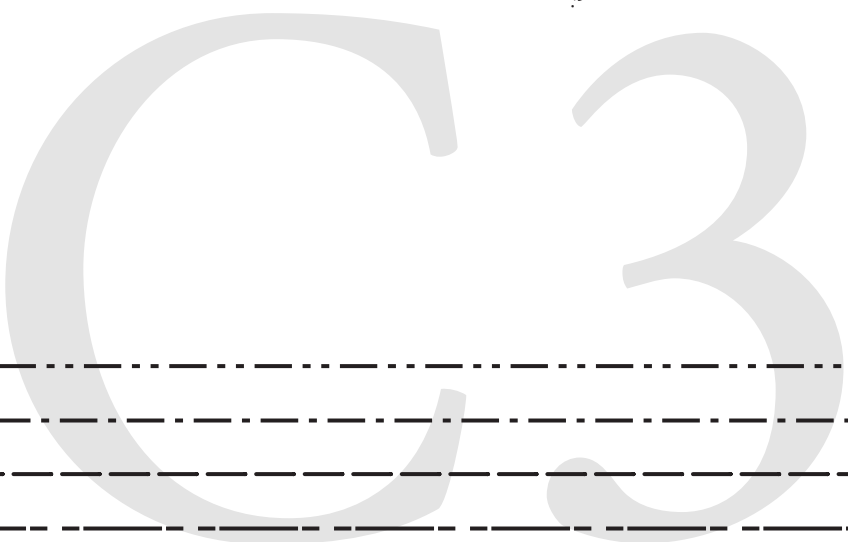




# SLEEVE

## FABRIC: CUT 2 ON CROSSWISE FOLD

LADIES SIZES 00 TO 32  
1/2" seam allowances (SAs)  
included unless stated otherwise.





#MoodCadiaPattern

“The Cadia Shirt”  
MDF270

LADIES SIZES 00 TO 32

SLEEVE





FOLD



PLACE TOP OF SLEEVE ON CROSSGRAIN  
FOLD OF FABRIC

